



Further information about Care Homes

If you need help or advice locating an ex-Service Home, whether sheltered accommodation or a Care Home, please use the list below or contact our helpline on 0808 802 8080. The list below shows some of the homes available specifically to the ex-Service community. Please note, however, that it is not exhaustive.

Ex-Service Independent Living Housing

This is a list of ex-Service housing options. There are a limited number of options that are able to provide care facilities. The majority of houses / bungalows / flats / hostels available are for those ex-Service men, women and dependants who are able to look after themselves. Many are adapted for the disabled. Please note the various eligibility criteria.

All care homes, where any element of personal care or health care is delivered by staff employed by an organisation to deliver care within their care home, must be legally registered to do so. Accommodation is only exempt from registration. Once registered, care home are subject to regulation and inspection to confirm compliance with a range of legislation that applies. The organisations that register and regulate care homes are:

England: [Care Quality Commission](#)

Wales: [Care and Social Services Inspectorate for Wales](#)

Scotland: [Care Inspectorate Scotland](#)

Northern Ireland: [Registration and Quality Improvement Authority](#)

Please contact the organisation directly for further advice and possible application forms.

Links to third party websites are provided solely as a convenience to you and do not indicate any endorsement by The Royal British Legion.

Ainslie House, 4 St John St, Hereford HR1 2NB

01432 264737 (housekeeper) abbefield.hereford@virgin.net

The Abbeyfield SSAFA Hereford Society's house provides very sheltered housing in addition to companionship with independence for lonely elderly people who are still active. The scheme is for, or of particular interest to ex-Service men and women and their relatives, but also for those without connection with the Armed Forces. Two main meals of the day are served in the dining room. Includes mobility standard and wheelchair properties. Renovated in 1996.

Barrowmore Village Settlement, Great Barrow, Chester CH3 7JA

www.barrowmore.co.uk 01829 742570

Barrowmore House offers high standard of quality supported accommodation for people with

disabilities. It provides treatment and rehabilitation for disabled persons. Preference is given to persons who have served in the Armed Forces.

Belvedere House, Woodmansterne Lane, Banstead, Surrey SM7 3HA
01737 360106

Primarily a marine charity offering accommodation for elderly persons or their widow(er) who have served at sea or have some connections with the sea. Sheltered housing and nursing care is provided in Banstead, Surrey and residential care in Eastbourne, Sussex.

Enquiries to:

Royal Alfred Seafarer's Society, SBC House, Restmor Way, Wallington, Surrey SM6 7AH
020 8401 2889 royalalfred@btopenworld.com

Armyn House - British & International Sailors Society, Bar Road, Falmouth, Cornwall TR11 4NN
01326 312149 www.biss.org.uk

Armyn House offers seafarers who have retired from serving at sea, a place to call home, providing permanent accommodation and it is within walking distance of the town and always in sight of the sea. All retired seafarers are welcome regardless of age but must be aware there is no nursing staff situated at this home and residents must be able to live independently. Residents are provided with their own room with separate toilet and hand basin. Three meals are prepared daily.

CESSA (Housing Association) 1 Shakespeare Terrace, 126 High St, Portsmouth PO1 2RH
023 9282 9319 www.cessaha.co.uk

CESSA Housing Association has 206 flats on six sites in the Portsmouth/Gosport area for letting as assured tenancies to former Servicemen and women and their spouses, partners, widows and widowers of all Services, who are over 60 years of age. Parents and children of Service personnel of the same age are also accepted as are former Reserve Forces and MOD civilian employees. Flats are allocated on a basis of need. Tenants need to be able to look after themselves but with assistance from relatives or social services.

CESSAC Housing Association, 1 Shakespeare Terrace, 126 High St, Portsmouth PO1 2RH
020 9282 9319 www.cessaha.co.uk

CESSAC is the sister organisation of CESSA HA. It manages flats owned by Greenwich Hospital, a Crown charity and located in Southsea, Saltash and Greenwich. These are sheltered housing with resident scheme managers for ex-mariners over 60 years of age only and their spouses, partners, widow and widowers. Flats are allocated on basis of priority of need.

The Home of Devenish, Post Office Chambers, 67 St Thomas St, Weymouth, Dorset DT4 8HB
Contact by post or email only: generalmanager@devenishhomes.co.uk

Home of Devenish is an independent registered charity providing free unfurnished accommodation for widows of clergymen of the Church of England and widows of Her Majesty's Armed Forces officers. The trust has 23 bungalows and 2 maisonettes situated between Weymouth and Portland. Evidence of health is required to confirm that the applicant is fit enough to live on her own and it is necessary to have a friend or relative who can assist in times of difficulty, however each resident is linked to a local Lifeline telephone emergency service.

Erskine Care, Bishopton, Renfrewshire PA7 5PU

0141 814 4538 information@erskine.org.uk, www.erskine.org

Erskine cares for ex-Service men and women of all ages, in need of residential, nursing, dementia or respite and short-break care. Erskine Care has cottages and a home in Bishopton and care homes in Edinburgh and Glasgow.

Ex-Service Fellowship Centres (EFC), 40 Buckingham Palace Rd, London SW1W 0RE

020 7828 2468 info@exsfc.org.uk, www.exsfc.org.uk

EFC has a hostel in East London for homeless ex-Service people and retirement accommodation for older Service people in Bexhill-on-Sea, East Sussex. Referral is through Service and other charities, social services, hospitals, prison, parole officers, welfare organisations and direct by the homeless themselves. Initial contact is through EFC HQ at Buckingham Palace Road.

Haig Homes, Alban Dobson House, Green Lane, Morden, Surrey SM4 5NS

020 8685 5777 haig@haighomes.org.uk, www.haighomes.org.uk

Haig Homes properties are situated on small, well managed estates ranging in size from about six houses up to the largest estate in Morden of over 270 homes. The properties, a mix of family-sized houses, maisonettes and flats, are spread throughout the United Kingdom in 47 different local authorities. The properties are for rental only. Some properties are suitable for those with physical handicap. Some are subject to the nomination rights of the original service (see regimental housing) or regimental organisation which donated the funds for the building. Applicants do not need any local connection except in Jersey where residential qualifications must be satisfied. There are waiting lists for most locations.

E Hayes Dashwood Foundation, Estate Office, 69 Emmanuel Rd, Balham, London SW12 0HP

0208 673 4060 Day to day issues: **020 7408 1010** paul.shilling@cluttons.com

There are 149 one, two and three bedroom flats, all purpose-built and self-contained. Any disabled person, who has served at any time in the Royal Navy, the Royal Marines, the Army, the Royal Air Force or Mercantile Marine, irrespective of rank or cause of disablement, may apply.

Lyme Green Park, London Rd, Macclesfield S11 0LD

01260 252666 lymegreensettlement.org.uk

Lyme Green Settlement for paraplegias enjoys a semi-rural position approximately two miles south of Macclesfield town centre. Those suffering from paraplegia and /or severe disability can apply; preference is given to persons who have served in the Armed Forces. There are 29 two and three bedroom bungalows.

Macdonnel Gardens, The Assistant General Secretary, The Officers Association, 1st Floor, Mountbarrow House, 6-20 Elizabeth St, London SW1W 9RB

www.officersassociation.org.uk

The Officers' Association manages this small tranquil estate of 12 bungalows for disabled Officers of HM Armed Forces and their families located at Leavesden just outside Watford. There are 2 and 3 bedroom bungalows set in a secluded two acre site. The bungalows and communal garden are maintained to a high standard by the Officers' Association who also provide the residents with welfare support.

Numast Mariners' Park Estate, Wallasey, Wirral, Cheshire L45 7PH

0151 639 8454 welfare@nautilusuk.org

Mariners Park provides accommodation for retired seafarers and their dependents over 60. There are houses, bungalows and flats for around 140 residents living independently, and a 32-bed Registered Care Home for those needing residential nursing or short-term/respite care. Applicants should have a minimum of 20yrs Service unless retirement is due to ill health or permanent unemployment. War Service counts as double. The Merchant Navy are given priority; however consideration is given to the Royal Navy.

Queen Alexandra's Court, St Mary's Rd, Wimbledon, London SW19 7DE

020 8946 5182 rhowd_qac@ssafa.org.uk, www.theroyalhomeswimbledon.org

Queen Alexandra's Court in Wimbledon is a unique home for elderly ladies. It has 75 self-contained unfurnished apartments in mansion blocks set in 4 acres of grounds. You are eligible to live here if you are the widow, divorcee or unmarried daughter of an officer or warrant officer or if you are a female retired officer or warrant officer yourself. Applicants are not normally admitted before the age of 60 and must be capable of independent living.

Royal Air Forces Association, 117½ Loughborough Rd, Leicester LE4 5ND

0116 2665224 enquiries@rafa.org.uk, www.rafa.org.uk

All ex-RAF personnel and their spouses may apply for RAF housing, although turnover for sheltered housing is slow and impossible to forecast when a vacancy may occur. Priority is based on perceived need rather than time on the waiting list.

The RAF operates 74 sheltered houses at three locations:

- **Dowding House** in Moffet, Dumfriesshire
- **Rothbury House** in Northumberland
- **Storrington** in West Sussex.

The sheltered housing schemes are designed to enable those in good health to lead an independent life, with the knowledge that support from a Resident Manager is available if required. House Welfare Manager: Patrick Rendall **01162 688774**

Supported Housing

Wexford House in Melton Mowbray offers extended independence for older, single people within a caring family environment to overcome the effects of loneliness than can affect those living alone. Each resident has an en-suite bed-sitting room with care call facilities, but benefit from communal areas to meet and enjoy meals together. The resident manager (Maggie Hill **01664 569490**) organises the day to day running of the House.

Each Housing scheme is run independently, variations may occur in the day-to-day management. However, all are protected by the RAFA umbrella. For further information on the Storrington Sheltered Housing scheme please contact Mr Janet Austin, Scheme Manager **01903 744701**

rafhousing@hotmail.com.

For Dowding House and Rothbury House please contact RAFA HQ as above.

Royal Air Force Benevolent Fund, 67 Portland Place, London W1N 4AR

020 7580 8343/7 info@rafbf.org.uk, www.rafbf.org.uk

The Fund has details of many organisations that are able to assist in the provision of sheltered housing where accommodation can be adapted to meet evolving care needs. These facilities provide a warden or manager whose watchful, but not intrusive, presence allows residents to retain their independence under a protective 'umbrella'.

Enquiries and applications for long or short-term residence, domiciliary care, sheltered housing or advice should be made to: The Care Services Department at the Fund's London Headquarters; Tel: 020 7307 3359.

Royal British Legion Industries, Royal British Legion Village, Aylesford, Kent ME20 7ML

01622 795954 welfare@rbli.co.uk, www.rbli.co.uk

Housing is an important part of welfare services provided by RBLI. Within the 60 acres of The Royal British Legion Village in Aylesford we own 80 houses and bungalows. Ex-Service families, many of whom are or have been employees of RBLI and those with disabilities are accommodated where possible. There are 48 houses and 33 bungalows in the village and many are adapted for disabled use.

Mountbatten Pavilion is a modern, purpose-built sheltered housing scheme for single ex-Service men and dependants, especially for those with disabilities. It has 24 bedrooms, some en-suite, and facilities that allow wheelchair access for those with limited mobility. This scheme is covered 24 hours a day and with out-of-hours staff support.

Assisted Living Flats opened in July 2005. The building comprises of 40 flats: 38 1-bed and two 2-bed rooms. All flats are disabled accessible and meet all new requirements for the Disability Discrimination Act. There are communal areas for tenants to meet and the building is staffed to provide a full range of personal care and support services for people of 65 years and over, applicants should also require two hours personal care a day (not to be confused with domestic help).

Royal Commonwealth Ex-Service League, 199 Borough High Street, London SE1 1AA

020 3207 2410 mgordon@commonwealthveterans.org.uk

www.commonwealthveterans.org.uk

Prince Phillip Lodge consists of 6 self-contained flats providing temporary accommodation for members of the overseas ex-Service community. It is located at The Royal British Legion Village, Aylesford, Kent. The League has 57 members of the overseas ex-Service community. It acts as a link for ex-Service organisations throughout the Commonwealth and provides financial assistance for ex-Service men, women and widows whose difficulties are beyond the means of their local organisations.

Scottish Veterans Garden City Association, New Haig House, Logie Green Rd, Road, Edinburgh EH7 4HW

0131 557 1188 www.housesforheroes.org.uk

The Scottish Veterans Garden City Association is the main provider of housing to the disabled ex-Service community in Scotland with a portfolio of 594 properties spread throughout the country.

The Scottish Veterans' Residences & The Scottish Veterans Housing Association LTD, 53 Canongate, Edinburgh EH8 8BS

01315 560091 www.svronline.org

SVR is a charitable organisation formed in 1910, which provides residential accommodation for ex-Servicemen and women and their spouses of all ages.

Sir Gabriel Wood's Mariners' Home, 67 Newark Street, Greenock PA16 7TQ

0131 556 0091 www.biss.org.uk

Situated within the grounds of the Home of Sir Gabriel Wood's Mariners' Court, consisting of 20 flats for couples and 10 flats for single persons who are seafarers of both the Royal and Merchant Navies. Although not sheltered housing, there is an emergency call bell from each flat to the Home.

Stoll Foundation, 446 Fulham Rd, London SW6 1DT

020 7385 2110 info@stoll.org.uk, www.stoll.org.uk

Stoll is a charity and Registered Social Landlord which provides housing and enabling services to disabled and homeless ex-Service personnel and other people with disabilities. Stoll own and manage housing and provide the appropriate support to those they house to ensure that they can live independently in the community with a good quality of life.

Veterans Nomination Scheme: run by Stoll in partnership with The Royal British Legion to house Veterans without dependent children, who are living in either unsuitable or temporary accommodation (hostels, staying with friends and so on), and who are now looking for secure, independent accommodation of their own. Visit the [VNS website](#) for details.

SPACES, Regional Resettlement Centre, St Aidan's Rd, Catterick Garrison, Catterick, North Yorkshire

01748 833797 Catterick Mil: 94731 2940 spaces@echg.org.uk, www.spaces.org.uk

SPACES is based within the Resettlement/Welfare complex at Catterick Garrison, North Yorkshire and is designed to help single ex-regulars find appropriate accommodation when they leave the Services. Through this service the project reduces the likelihood of ex-Service personnel becoming homeless or sleeping rough after discharge. It helps to place single Service leavers into appropriate accommodation throughout the UK. SPACES can refer you to The Galleries project in Richmond, North Yorkshire, which provides temporary accommodation for single Service leavers in 13 modern, fully-furnished, self-contained flats with support staff on site. The service is in addition to and compliments the work of the existing resettlement services such as the Service Resettlement Organisation, Service Welfare Organisation, the Joint Service Housing Advice Office (JSHAO) and the Department of Community Mental Health (DCMH).

SSAFA Forces Help, Central Office, 19 Queen Elizabeth St, London SE1 2LP

08451 300975 www.ssafa.org.uk Housing advisor: 020 7463 9398

SSAFA has a range of housing around England, including purpose-built bungalows for those with disabilities although you must still be capable of independent living. Most of the properties are situated in Blackpool, Barnsley, Wantage and Ryde (Isle of Wight) There is also a sheltered housing complex at Bamahague on the Isle of Man.

Ex-Service Regimental/Memorial Housing

Duke of Cornwall's Light Infantry Cottage Homes, The Keep, Victoria Barracks, Bodmin, Cornwall PL31 1EG

012808 72810 Contact: Major (retired) Trevor Stipling

2 cottages

Royal Green Jackets Houses & Cottages, 'Green Jacket Close' The Secretary, The Riflemen's Aid Society, RHQ RGJ, Peninsula Barracks, Romsey Road, Winchester SO23 8TS

01962 828526 rfnaidsec@royalgreenjackets.co.uk

21 houses, maisonettes & flats (1 & 2 Beds) in Winchester

Haig Homes, Alban Dobson House, Green Lane, Morden, Surrey SM4 5NS

020 8685 5777 haig@haighomes.org.uk, www.haighomes.org.uk

In the aftermath of the Second World War, many memorials were made to honour those who gave their lives for their country. For those still alive but perhaps having suffered terrible injuries, commemoration of their sacrifice took many different forms. One of the most necessary and practical form of help was the provision of housing and all three Services and within the Army, specific Regiments provided funds for housing specifically to help their fellow Servicemen. Some of Haig Homes houses were built with this money and ex-members of the particular Service or Regiment will have priority over an ex-Service person from a different Service or Regiment for housing in these particular properties if practical. Over the years further properties, originally owned and managed by Regiments have come under the mantle of Haig Homes.

Ex-Service War Memorial Housing

Bournemouth War Memorial Homes, c/- 15 Alum Chine Road, Wesbourne BH4 5DT

Administrator & Estate Manager: Peter Goodson 01202 757 661

peterjamesgoodson@hotmail.co.uk

50 dwellings in Bournemouth for disabled ex-Service personnel in receipt of war pensions and their dependants. The homes are only available to residents of Bournemouth and its immediate environment.

Clevedon and District Home for Disabled Sailors/Soldiers, 1 Church Close, Clevedon, Somerset BS1 7UE

T: The cottages are for disabled ex-Servicemen. Priority is given to those living in the local area, as and when vacancies arise. There are 2 cottages in Clevedon.

Disabled Soldiers' and Sailors' (Hackney) Foundation, Alfred Neill & Co, 34 Hollington Crescent, New Malden, Surrey KT3 6RR

020 8949 1902 rglencross@aol.com

Dwellings for disabled ex-Servicemen, Police, postal, municipal and railway workers. There are 10 two-bedroom flats in Hackney.

Felixstowe War Memorial Cottages, Town Hall, Felixstowe, Suffolk IP11 8HG

01394 282086

Local managing agents on behalf of the Charity's Trustees manage the cottages. There are 2 semi-detached cottages in Felixstowe.

John Cornwell Memorial Trust, Hornchurch c/- Royal Naval Benevolent Fund

Contact: Mr Chris Chatfield, 311 Twyford Ave, Portsmouth, Hants PO2 8RN 023 92690112

In memory of Boy Seaman John Cornwell who was awarded the Victoria Cross posthumously after the Battle of Jutland, these pleasant houses grouped in private grounds are let to disabled mariners or their dependants. There are 6 three-bedroom semi-detached houses in Hornchurch.

North Memorial Homes, General Manager, North Memorial Homes Housing Association, Third Floor, 16 New Walk, Leicester LE1 6UB

0116 2553398 www.northmemorialhomes.co.uk enquiries@northmemorialhomes.co.uk

Tenancies are offered to a waiting list of Leicester residents in priority - ex-Service disabled, ex-Service, non-ex-Service. There are 35 units, 5 houses and the remainder are self contained units with double bedrooms, in Leicester.

Quadrant Almshouses, The Town Hall, 63 High St, Fordingbridge, Hampshire SP6 1AS

Contact: Mrs Tague 01425 654134

Originally for disabled Service personnel from the 1st World War the alms-houses are for the very needy and priority is given to those living in the parishes of Fordingbridge, Godshill, Dandleheath and Hyde. Trustees now choose needy residents from these areas. Persons must be over 60 years of age. There are 8 almshouses; 4 ground floor, 4 1st floor, 7 suitable for a couple. Located in Fordingbridge.

War Memorial Village, West Rd, Lancaster, 0845 605 9000

Applications to: Northern Counties Housing Association, 12b Brennand Close, Scale Hall Farm, Lancs LA1 5PE NB mark applications for Westfield Village

Westfield currently has 113 properties of which 46 are 2 and 3-bed houses, 8 are 2 and 3-bed bungalows and 36 are 1 and 2-bed ground and first floor flats. The village was set up with money raised locally in 1919 as a War Memorial and to provide accommodation for wounded and needy ex-Servicemen. Any ex-Service person/family can apply.

Ex-Service Care Homes

On 1st April 2002, the Care Standards Act 2000 introduced the generic title of care homes. The adjectives nursing, residential and dual registered no longer apply. All care homes now have to be registered with the National Care Standards Commission (or Committee in Scotland) for the function they perform. There are no exceptions.

Many ex-Service care homes are available to all ex-Service personnel and their dependants but some give priority to a particular Service (such as ex-Mariners or ex-RAF) and very rarely have vacancies for personnel from a different Service. One or two are for men only or women only and some have other restrictions.

There is no guarantee that the ex-Service care homes listed here will have any vacancies. Please ring the care home to find out.

Royal British Legion Care Homes

Any person who has served in the Armed Forces and their immediate dependants are eligible for care

in Royal British Legion care homes. Membership of the Royal British Legion is not a requirement. [Details of each home are available from our Care Homes page.](#)

Dunkirk Memorial Home, Taunton, Somerset TA4 3BT
T: 01823 432407 F: 01823 433083

Galanos House, Southam, Warwickshire CV47 2BL
T: 01926 812185 F: 01926 815596

Halsey House, Cromer, Norfolk NR27 0BA
Tel: 01263 512178 F: 01263 513630

Lister House, Ripon, Yorkshire HG4 1PG
T: 01765 694740 F: 01765 690917

Mais House, Bexhill-on-Sea, Sussex TN40 2HH
T: 01424 215871 F: 01424 732197

Maurice House, Broadstairs, Kent CT10 3AH
T: 01843 603323 F: 020 3207 2112

Belvedere House - Royal Alfred Seafarers Society, Woodmansterne Lane, Banstead, Surrey SM7 3HA
T: 01737 360106 F: 01737 353436

Belvedere House comprises a modern purpose-built nursing and residential care home for 56 persons with independent bed-sit living units for a further 22 persons. Preference is given to ex-seafarers and their dependents but applications from persons not connected with the sea will be considered. The lower age limit is 60 years.

Broughton House, Park Lane, Salford, Manchester M7 4JD

0161 740 2737/3313 deg@broughtonhouse.com www.broughtonhouse.com

Broughton House is situated in a quiet residential area, surrounded by magnificent gardens and offers the ideal environment and expertise for ex-Service personnel in need of care. Any ex-Service man or woman from the three Services or the Merchant Navy in need of care may apply to stay in Broughton House. Long term, short term, respite care and day care are available. It is dual registered to accommodate 50 ex-Service personnel. Accommodation is of the highest standard and consists of single and double en-suite rooms.

Chaseley House - Chaseley Trust, South Cliff, Eastbourne, East Sussex BN20 7JH
01323 744200 info@chaseleytrust.org, www.chaseley.org.uk

Chaseley is a home for severely disabled people, administered by the Chaseley Trust. It has 52 beds for severely physically disabled. Priority is given to war veterans, ex-Service personnel and their dependants and the home specialises in nursing care for the severely disabled. Respite and rehabilitation is also offered as well as physiotherapy, occupational therapy, counselling and a full programme of special activities.

Elizabeth Frankland Moore Blesma Home - British Limbless Ex-Service Men's Association, 539 Lytham Rd, Blackpool, Lancashire FY4 1RA

01253 343313 <http://www.blesma.org/homes> HQ: 020 8590 1124

Patients and residents are limbless ex-Servicemen, and wives may accompany husbands for Respite Care. The homes have 49 beds, 23 residential rooms, 9 nursing and 17 rooms for Respite Care. It is a Care Home with Nursing.

Gavin Astor House - RBLI, Royal British Legion Village, Aylesford, Kent ME20 7NF

01622 791056 www.rbli.co.uk/welfare_healthcare/housing_welfare_and_estates/16/gavinastor@rbli.co.uk

Gavin Astor House offers specialist nursing care and have facilities for 50 young adults and older people with a physical disability in a home-like environment. The facilities of the rehabilitation and assessment centre, including physiotherapy, a hydrotherapy pool and occupational therapy, are available to residents.

Ilford Park Polish Home - The War Pensions Agency, Stover, Newton Abbott, Devon TQ12 6QH

01626 353961 Ilford-Park-Polish-Home@wpa.gsi.gov.uk

Providing residential and nursing care to people who qualify for admission under the 1947 Polish Resettlement Act. The professionally trained staff at Ilford Park offer a caring environment with an emphasis on Polish Culture to fulfil both group and individual needs. Administered by the War Pensions Agency (an Executive Agency of the Ministry of Defence) for the Polish ex-Service community and their dependants.

Numast - National Union of Marine Aviation & Shipping Transport Officers, Mariners' Park, Wallasey, Cheshire L45 7PH

0151 3468888 enquiries@numast.org, www.numast.org

Care Homes with nursing accommodation for 32 residents. The Mariners' Park estate, run by Numast and its predecessors for over 120 years, provides comprehensive residential and care facilities and flats for those able to live independently. Residents of Mariners Park are able to access domiciliary care services to provide domestic help and personal care. Residents are predominantly ex-seafarers or their dependants and come from a wide range of ranks and companies.

Pembroke House - The Royal Naval Benevolent Trust, 11 Oxford Rd, Gillingham, Kent ME7 4BS

01634 852431 care@pembrokehouse-rnbt.org.uk

Care Home with nursing providing 50 beds. Pembroke House is for ex Royal Navy (including RMs) personnel and wives/widows. It was totally refurbished and re-opened in 2000 to comply with the National Minimum Standards.

Queen Alexandra Hospital Home, Boundary Road, Worthing, Sussex BN11 4LJ

01903 213458 www.qahh.org.uk

Queen Alexandra Hospital Home is a 60 bed care home registered for nursing and rehabilitation - specifically for physically disabled ex-Service men and women. Rehabilitation services include physiotherapy, hydrotherapy and occupational therapy. A large proportion of the current accommodation is single en-suite rooms; there is also a specialised unit for ex-Service personnel suffering from Acquired Brain Injury. Queen Alexandra Hospital is located in the centre of Worthing and is 200m from the sea front.

Royal Alfred House - The Royal Alfred Seafarers' Society, 5-11 Hartington Place, Eastbourne, East Sussex BN21 3BS

01323 721828 www.royalalfredseafarers.com HQ: 01737353763

Royal Alfred House is for retired seafarers and their dependants (both men and women). There are 36 fully furnished bedrooms on four floors, served by a lift. There is a lower age limit of 65 years.

Royal Cambridge Home - Royal Cambridge Home for Soldiers' Widows, 82/84 Hurst Rd, East Molesey, Surrey KT8 9AH

020 8979 3788 rch@royalcambridgehome.org

The Home is for single ladies only, providing residential care with 30 rooms. Residents must be Army or ex-Army widows or ex-WRAC, ex-Army or ex-QARANC themselves.

Royal Hospital Chelsea, Royal Hospital Rd, London SW3 4SR

020 7881 5204 or 020 7811 5200 www.chelsea-pensioners.co.uk

The Royal Hospital Chelsea is a Government sponsored Home for 328 pensioners (including war pensioners) of the British Army. The lower age limit is 65 but anyone younger will be considered on the basis of need. In-Pensioners forego Service and/or disability pensions, in return for which everything is provided for them. This includes accommodation, full board and lodging, uniforms and a very high standard of care. The Royal Hospital Chelsea looks after In-Pensioners for life. The Infirmary is now a care home and the Long Wards are sheltered accommodation. There is a hydrotherapy pool and a flourishing fitness centre run by trained physiotherapists.

Royal Star & Garter

Hollygrove House, Upper Brighton Rd, Surbiton KT6 6JY, 020 8339 5100

Tudor Coppice, Monkspath Hall Road, Solihull B91 3DE, 0121 711 5330

www.starandgarter.org, generalenquiries@starandgarter.org

Royal Star & Garter operate two homes which provide nursing, residential and dementia care for disabled and elderly frail residents. Anyone who has served in HM Forces, regardless of age or rank and including reserves, is eligible for a place. They offer physiotherapy, hydrotherapy, speech and language therapy and occupational therapy. Both homes have dedicated dementia wings which have won Pinders Healthcare Design Awards. Respite care is also available.

Somme Nursing Home - Somme Hospital, Circular Rd, Belfast, Northern Ireland BT4 2NA

028 9076 3044 www.thesommenursinghome.co.uk

The Somme Nursing Home has 32 single and 2 double beds for nursing care. It specialises in general medical nursing, care of the physically disabled and terminal care. In addition to the ex-Service community, ex-policemen and ex-firemen may become residents.

St David's Home - St David's, Castlebar Hill, Ealing, London W5 1TE

020 8997 5121 www.stdavidshomealing.com, enquire@stdavidshome.org

St David's is a registered Nursing Home for ex-Servicemen and women. The Home was first opened in 1918 and aims to provide its service users with a secure, relaxed and homely environment, within a warm and caring atmosphere. Admission is based on the needs/health assessment carried out by designated professional personnel.

St Vincent's Homes - SSAFA, Binstead Rd, Ryde, Isle of Wight PO33 3NB

01983 563248 www.ssafa.org.uk, stvincents@ssafa.org.uk

Residents must be ex-Service men or women or their spouses. It provides full residential, but not nursing care, for 18 elderly frail or disabled ex-Service men and women and their spouses. The accommodation is in single en-suite rooms; there is one suite for a married couple.

Sussexdown - Royal Air Force Association, Washington Rd, Storrington, West Sussex RH20 4DA

01903 744221 www.sussexdowncare.com

Priority is given to ex RAF people and their dependants. The 57 nursing care beds include 4 for short welfare breaks and convalescence. There are also 32 flats of sheltered housing on the site.

Other care homes

The following are not Service specific homes or services.

The Abbeyfield Society, Abbeyfield House, 53 Victoria Street, St Albans, Herts AL1 3UW

01727 857536, www.abbeyfield.com, email post@abbeyfield.com

Abbeyfield is a national charity providing supported housing and care homes.

Abbeyfield understands the experience of getting older, and provides facilities and services to help people live well in later life. The focus of the organisation is on enabling older people to live independently and enjoy a great quality of life. With over 700 supported living houses and care homes in the UK, Abbeyfield welcome either people over 55 years or younger people with disabilities. To find out more visit www.abbeyfield.com, email post@abbeyfield.com or write to the address above.