



The Royal British Legion Nottinghamshire County

July & August 2011

Shoulder to Shoulder with all who serve



(PLEASE ENSURE THIS NEWSLETTER IS PASSED
ROUND THE MEMBERS)

“We will remember them”

Mr C. Allen – Eastwood & District
 Mr A. Hallam – Eastwood & District
 Mr W.C. Logan – Gotham & District
 Mr H. Stanley – Gotham & District
 Mrs A. Kelly – Jacksdale & District
 Mr L. Henson - Keyworth
 Mr J.A. Lazelle – Kirkby in Ashfield
 Mr T. Hopewell – Lambley
 Mr C. Brown – Nottingham City
 Mr C. Tuckwood – Nottingham City
 Lt.Col. A.J. Scruby – Papplewick & Linby
 Mr D. Burnell – Southwell & District
 Mr M. Green – Southwell & District

RBLI Lifeworks

The following information outlines two exciting new services available to serving or ex-serving members of the Armed Forces that you may find useful to know about.

Adjusting to civilian life can be hard without the right advice and guidance and the pathway into civilian work can seem confusing. Royal British Legion Industries (RBLI's) new programmes **LifeWorks** and **LifeWorks+** are designed to help our armed forces community navigate around any barriers and make the journey into work a smoother one.

Candidates will develop an understanding of their long-term career prospects, and identify short-term employment goals, in line with their experience and abilities. They will recognise how the skills and training they have acquired in the services can be transferred to civilian employment.

LifeWorks is a telephone service providing comprehensive vocational assessments on a one to one basis which will inform career choices and training needs, as well as provide ongoing advice and guidance via our follow up support line. After an initial interview candidates will be guided through ability assessments and occupational interest questionnaires online using the information gained to inform their personalised action plan.

LifeWorks+ is a 5 day residential course which provides assessment, (as above) with additional workshops on personal development and employability skills. Coaching 4 Change, our specially designed personal development workshop is designed to motivate participants to achieve positive outcomes, develop and increase self-belief, manage unhelpful thinking, limiting beliefs and obstacles preventing them succeeding in Civvy Street. The employability skills involve all elements of employability including job searching and CV writing, application forms and interview skills.

Both **LifeWorks** and **LifeWorks+** can be accessed by anyone who is currently serving or has served in the UK Armed Forces.

If you have any customers/candidates who you think would benefit from **LifeWorks** please ask them to contact us by telephoning **0800 319 6844** or by emailing us on assessment@rbli.co.uk.

If you would like further information or a brochure please don't hesitate to contact

**Stephanie Cogdell BSc (Hons) MCSP
Vocational Assessor**

Training and Assessment Team

Email: stephanie.cogdell@rbli.co.uk

Mobile: 07500602023 Telephone: 01622 795 902

Royal British Legion Industries, Hall Road, Aylesford, Kent, ME20 7NL

Army Cadet Force Band seeks new members

The ACF Band based in the TA Centre Bulwell is looking for new members, instruments are available and free full training will be given.

Full Band (Wind and Brass) meet on Monday evenings from 7pm to 9pm. Tuition free to all standards from Beginners upwards.

Drum – Bugle and Flute meet on Tuesday evenings from 7pm to 9pm, instruments are available and again free full training will be given, from Beginners upwards.

There is no cost for attending.

For more details contact the Band Director of Music, Capt J. Corrigan on 01623 487514 or mobile 07771 570338

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 Tel / Fax 0115 927 3715 rdodge@britishlegion.org.uk
 County Manager : Tel: 01332 296757 County Welfare Officer: Tel. 01332 296299 Fax 01332 331841
 Registered Charity 219279



Supporting Armed Forces Personnel, past and present, and their families



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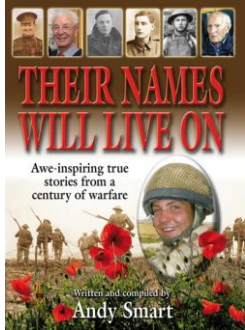
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Are you looking for a Speaker at a Branch Meeting

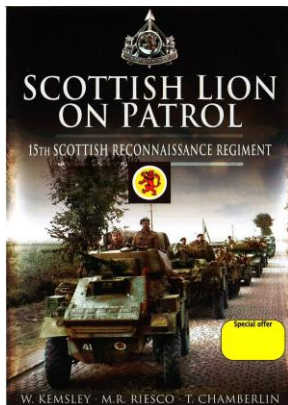


Nottingham Post journalist Andy Smart has written a stirring book about the exploits of more than 60 unsung war heroes. The stories range from a survivor of the trenches of World War One to veterans of Dunkirk, Anzio and Normandy, to a Mercian regiment soldier who won the Military Cross in Afghanistan. Copies of the book are available for £15.95 post free

from Bygone Books, PO Box 7950, Heanor, Derby DE7 0PZ (cheques payable to Bygone Books). A donation of £2 from each book is going to the Royal British Legion.

Andy Smart is available to give an illustrated talk and book signing to Legion branches. He can be contacted on 07951 274906 or email the.smarts2@ntlworld.com

Scottish Lion on Patrol



This book on the 15th Scottish Reconnaissance Regiment was originally released in 1950.

Local Legion member Tim Chamberlin has been working on this new edition for the last 7 years which completes the picture of the Regiment.

For more details on the book, and how to obtain a copy contact Tim on 01949 850086 or Email : chamberlin@snc.org.uk

If you know of any other "Good Reads" Let the County Secretary know details for future editions

The Central Band of the Royal Air Force - Trent College - Thursday 25 August 2011



Tickets are also available from Phil Giles, send him a cheque (21 Huntingdon Drive, Castle Donington, Derby, DE74 2SR) and he will send you the tickets. Cheques payable to Erewash RAFA

90TH ANNIVERSARY OF THE ROYAL BRITISH LEGION 1940s DANCE & CELEBRATION

FRIDAY, AUGUST 19TH
7.30 pm - 11.30 pm

**ORSTON VILLAGE HALL
WITH NIGEL'S NIGHT TRAIN DISCO
TICKETS £8.50 EACH**

Bar; light buffet; quiz; raffle and prizes for best period dress

Come and celebrate a great event.

**Tickets from: Tim Chamberlin 01949 850086
Peter Berry 01949 850476
Bill Stark 01949 838257**

R B L 90TH ANNIVERSARY HELP THE CLIPSTONE AND FOREST TOWN BRANCH CELEBRATE 90 YRS

A FUND RAISING EVENT WILL BE HELD ON
THE 23RD SEPTEMBER 2011 IN THE VILLAGE
HALL AT
CLIPSTONE SOCIAL CLUB

**WITH WELL RENOWNED ARTIST DAVE BRYAN
AND LOCAL DISCO PRO SOUND**

**DOORS OPEN 19:00 HRS (7 O'CLOCK)
ENTRANCE FEE £2 MINIMUM
ALL PROCEEDS TO GO TO THE POPPY APPEAL**

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Mansfield Branch

90th Anniversary celebration.

Sunday 9th October 2011

John Fretwell Centre, Sookholme, Warsop.

12 noon for 1230pm start. lasting until approx 5.30pm. The cost is £15 a head and is all inclusive of a 3 course meal and an afternoons entertainment which will consist of spots from **Blidworth Welfare Band**, **Carlo Paul Santana** (Former member of **Paper Lace**) and **Rianne Star**, a nostalgic singer with music from the 40's and 50's who guarantees a sing along!

For those wishing to place a booking (individual, couple or any party up to a table of 10) please contact **Keith Kenworthy** on **01623 623622** and if possible give your preferences for each course of the meal. It is understood for people booking a table that it might take some time to get everyone's choices at once so book your places first and then give the menu selection as soon as possible after that. Choices are as follows:

STARTERS: Soup (believed to be vegetable) **OR**
Prawn St Lucia

MAIN COURSE: English Roast Beef with Yorkshire pudding, roast potatoes and horse radish sauce **OR**
Leg of Pork with seasoning, apple sauce and a rich roast gravy. There is a vegetarian option of Mushroom Strogonoff.

DESSERT: Deep Apple Pie served with Custard **OR**
Hostess Trifle with fresh cream.

County Standard Bearers Competition

This years competition will be held on Sunday 2nd of October. Make a note in your diaries and let your Standard Bearer know for their diary.

Membership Forms and Literature

RBL Forms and free Literature/Posters are to be obtained from

Wendy Shone at the

**Poppy Appeal Department, RBL Village,
Aylesford, KENT ME20 7NX**

Tel: 01622 795815

Email: WAShone@britishlegion.org.uk

Are you doing anything?

What is your Branch doing in 2011 / 2012
Advertise your event here.

Remember the County have a Marquee and display boards that can be available to your Branch, with a

Membership team to assist your Branch

Contact the County Office for more details, or
Valerie Dodge on valandian@ntlworld.com.

Poetry Corner

Days to Remember

I visit military cemeteries in Normandy

Hand in hand with Enid my wife

To visit comrades who had such a short life

Today we are at Hermanville, the first village to be liberated
and set free

One of the first cemeteries created, it had to be

On entry at the cross of remembrance, I offer a silent prayer
Turn and see the headstones of 105 men's remains buried
there

Those men remembered there unknown

One known by the inscription on the stone

Brave comrades whose names are there
Fought in the invasion of Normandy and showed no fear

The price they had to pay had to be

The evidence is there for all to see

The fight they must have put up before their death
The pain and suffering before drawing their last breath

Dead comrades piled high in the street

Showed no sign or thought of retreat

Brave men lying on the road, faces pointing to the sky

Saying please God take care of me when I die

But still this horrible war went on and on

Till all the Germans had gone

Our men were so brave

Clearing the way for the second wave

D-Day was a victory for all concerned

For those brave men a lesson learned

God must have been busy that day

Arranging the souls of those lads who had to stay

As a symbol of remembrance,

I replace the crosses and poppies red

Repeat quietly the act of homage, nothing more to be said

I shall remember still to my dying day

Our brave comrades and the price they had to pay

I close the gates with an aching heart

Salute you all who played your part

Walk away, one day to return for sure

Knowing you are now in God's house so pure.

Douglas Parker (2010)

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Standard Bearers Practice

FOR ALL BRANCH STANDARD BEARERS
AND POTENTIAL SB's

(Middle to North of County)

Standard Bearer Practice at the South Mansfield
Community Centre on the Bellamy Estate,
Mansfield from 7pm to 9pm.

24th August, 28th September

For further details contact Ted Rutland
on 01623 636145

(Middle to South of the County)

The following dates have been booked for S/Bearer
Practice at the St Leonards Community Centre
(Small Room), Wollaton, 7.30pm

9th August, 13th September, 11th October, 8th
November and 13th December.

For further details contact Graham Sneath
on 07940 322179

All Branch Standard Bearers are invited to attend
either location

First Contact Signposting Scheme

What is the First Contact Signposting Scheme?

The First Contact Signposting Scheme helps to provide information for people aged 60 and over, about services that they may need to stay safe and independent in their own home. It operates in the following Boroughs: - Ashfield; Bassetlaw; Broxtowe; Gedling; Mansfield; Newark & Sherwood; Rushcliffe.

For more details on how it works see attached sheet.

First Contact Signposting Scheme

How does it work?

The scheme operates through a simple checklist which can be completed by front line workers. There is also a self-referral checklist which can be accessed via the County Council Website. The completed checklist generates referrals to a range of different services, for example:

Energy saving improvements to help keep warm and reduce energy bills

Assistance to claim benefits that they may be entitled to

Falls assessments and advice on falls prevention
Information on activities and groups in their local community
Home safety and security advice
Fitting of free smoke detectors and fire prevention home safety check
Repairs, adaptations and specialist equipment for homes
Housing advice
Information on community transport schemes.

Case study

Mrs G of Ruddington, aged 84, was visited at home by a Nurse from Ruddington Health Centre, and a checklist was completed.

As a result of this, Mrs G was visited by Notts Fire & Rescue who completed a Home Safety Check and fitted 2 smoke alarms with 10 year batteries. She also received a visit from the Falls Team who put her in touch with the Visual Impairment Term who provided her with some very useful equipment and who she feels will be an excellent contact in the future if her sight deteriorates.

Through the Pension Service intervention, she was delighted to receive attendance allowance, which was also backdated.

GNHH gave her information about loft insulation which she may follow up in the future. Transport information provided by RVTS will also be something that she will find very useful and something that she may utilise in the future.

A visit from her local PCSO helped her to reassure her about her home security

Mrs G said that the scheme is "Unbelievable! I never would have thought about contacting these agencies for help – I didn't think I would get anything. I now feel so much safer in my own home and feel really sure that I can remain independent"

How to get help from First Contact

If you or someone you know wants to complete a checklist then please telephone Nottinghamshire County Council Customer Service Centre on 08449 808080 or access it online at

<http://www.nottinghamshire.gov.uk/firstcontact>

If you or your organisation would like to know more about how the scheme works, or would like someone to give a talk on the scheme then contact:-

Gedling, Broxtowe, Rushcliffe - Karl Stirland or Jessica Molineaux, Rushcliffe CVS on 0115 9699060 ext 105 or email firstcontact@rushcliffecvs.org.uk

Ashfield - Pauline Stojanovic on 01623 753192 or email firstconashfield@hotmail.co.uk

Bassetlaw - Jayne Bullock, Bassetlaw Action Centre on 01777 709650 or email jbullock@bassetlawactioncentre.org.uk

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Mansfield - Annette Harpham, Mansfield CVS on 01623
651177 or email aharpham@mansfieldcvs.org

Newark & Sherwood – Chris Gilchrist on 01636 655596 or
email Chris.Gilchrist@newark-sherwooddc.gov.uk

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