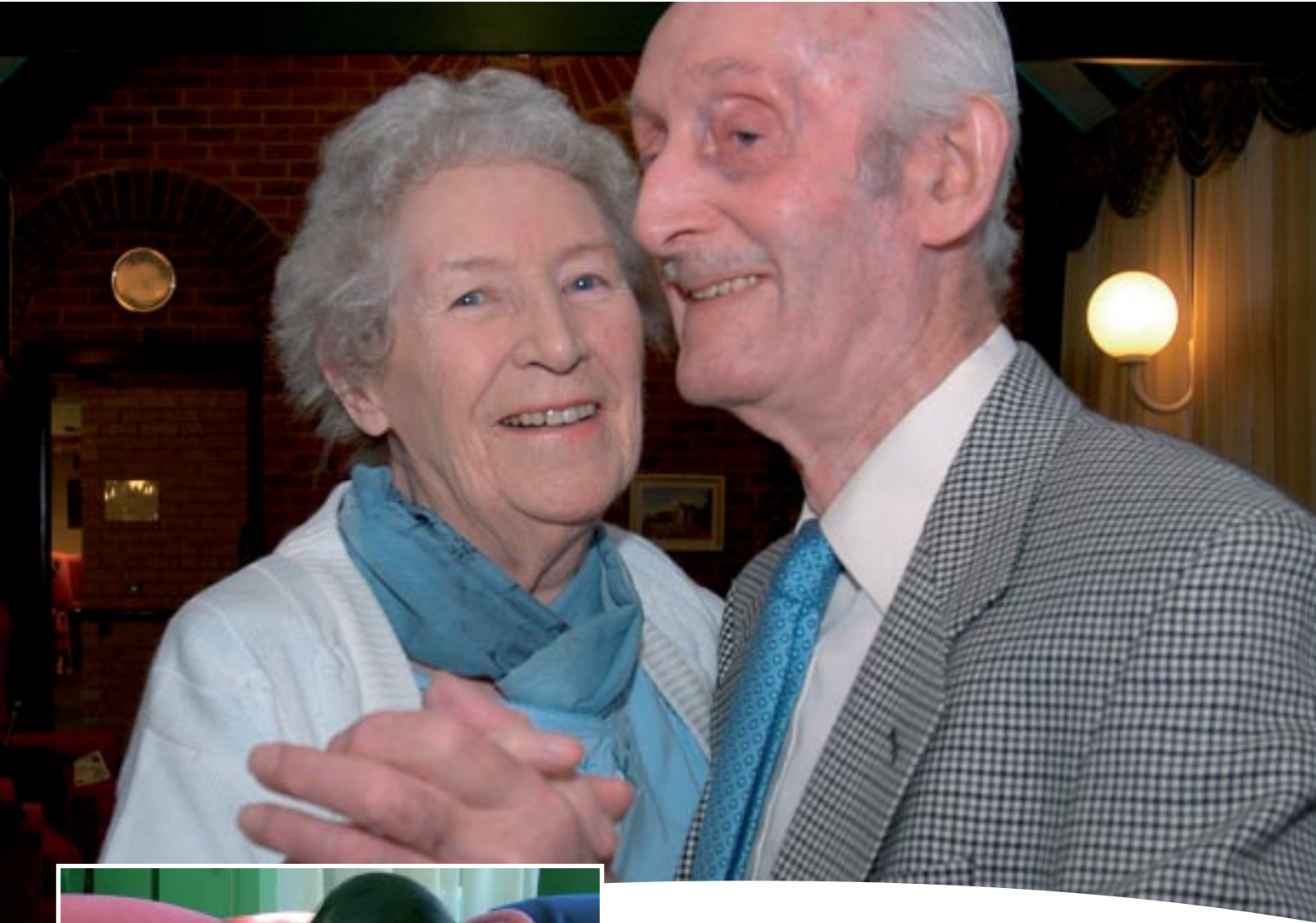


MAIS HOUSE



It's people who make a home

POPPY HOMES

nursing • residential • day care

The care and facilities at Mais House make it an ideal home for ex-Service men and women and their dependants.



“Our aim at Mais House is to help each resident get the most out of life, whether that is by providing round-the-clock care or helping them to live more independently.

Like every Poppy Home, we are exclusive to ex-Service people and their dependants. But we like to think we are a particularly friendly and welcoming Home where there is always something going on for residents to enjoy.

We have 48 single and three double bedrooms with en-suite facilities, many of which enjoy garden views. Our caring team of nurses and assistants are always on hand to provide care whenever it is needed.

This leaflet can only give you a brief impression of what we have to offer at Mais House. If you would like further information, or to arrange a visit, please call the phone number on the back of this leaflet.”

**Matron,
Mais House**

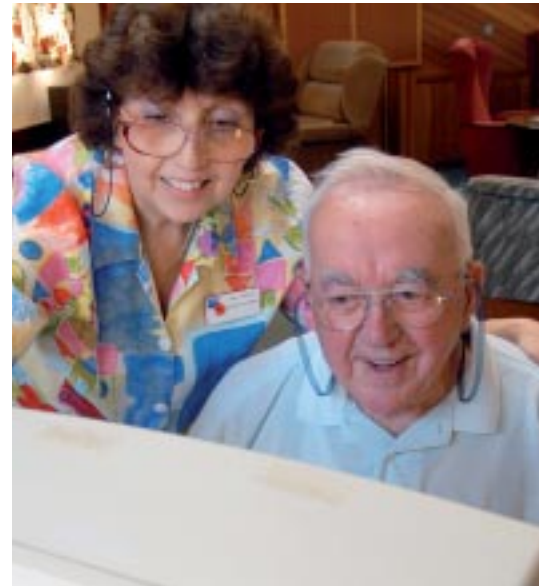
A camaraderie that's unique to Poppy Homes

There's a shared bond at Mais House because each resident has a Service connection. It means there's a team spirit and a feeling that everyone looks out for each other.

"There are so many interesting things to get involved in."

The range of facilities on offer at Mais House means there is something for everyone. Residents can relax in one of the comfortable lounges or enjoy a sociable drink in the bar. Plus, a dedicated Activity Co-ordinator arranges everything from a Summer fête in the garden to evening concerts and dinners. There is also a well-stocked library and several computers for residents to use at their leisure.

"I enjoy the freedom living at Mais House gives me."





With beautiful gardens, which have full wheelchair access, and located just a few miles from the sea, Mais House is a place every resident can enjoy. The more elderly and frail can relax in the peace of the gardens and there is a regular minibus service to Bexhill-on-Sea and day trips to places like nearby Eastbourne.

“It is such a supportive and friendly place to work.”

The excellent team of care assistants and nurses feel as at home as the residents at Mais House, and the relaxed, friendly atmosphere is not the only reason. Many feel that caring for veterans, who did so much for the country, and sharing in their lives is both a pleasure and a privilege.



Mais House

Mais House is situated in a quiet cul-de-sac location in the coastal town of Bexhill-on-Sea, East Sussex. There are 48 single en-suite rooms, and three double rooms for couples, many of which have wonderful views over the garden. The Home offers nursing and residential care, and is registered with the Commission for Social Care Inspection. The latest Inspection Report is available online at www.csci.org.uk

Care is provided 24-hours a day by qualified registered nurses, and/or a dedicated team of care assistants. Each resident has a care plan specific to their individual needs, as well as a named nurse and/or keyworker.

The Home has a "Statement of Purpose" which clearly states the services, facilities and care offered at Mais House. If you would like to read this document, please ask at the Reception for a copy. A copy of the Residents' Handbook, which includes a summary of the Statement of Purpose, is available in every resident's bedroom.

Residents can relax in one of several lounges, enjoy a drink at the bar or take advantage of a quiet, well-stocked library. There is a conservatory with views over the patio and extensive landscaped gardens, which have full wheelchair access.



Mais House has an Activity Co-ordinator, as well as a licensed bar, and the camaraderie, social interaction and pursuit of an individual's former interests play a big part in the day-to-day life of the Home. The Home's minibus provides regular shopping visits to Bexhill and trips to local places of interest, but for those unable to venture out of the Home, a trolley shop visits weekly. Residents are welcome to join in the many activities that take place within the Home, which include musical entertainment and art classes. A hairdresser visits twice weekly and a physiotherapist once weekly.

At Mais House, each resident will be cared for as a unique individual, by staff trained to do so, with respect, dignity and freedom of choice, in a safe, well-equipped environment which may be regarded as "home".

Mais House, 18 Hastings Road, Bexhill-on-Sea, East Sussex TN40 2HH

Telephone: 01424 215871

Who qualifies for Poppy Support?

The Royal British Legion is the UK's leading charity providing financial, social and emotional support to millions who have served or are currently serving in the Armed Forces, and their dependants. Nearly 10.5 million people are eligible for our support.



A major part of our welfare work is to provide short and long-term care for ex-Service people in seven Poppy Homes around the country. Each of these Homes has a Statement of Purpose, which clearly states the services offered.

CROSFIELD HOUSE

Crosfield House is nestled in the stunning countryside of mid-Wales, close to the Elan Valley.

DUNKIRK MEMORIAL HOUSE

Dunkirk Memorial House is close to the village of Bishops Lydeard, eight miles from the bustling town of Taunton, Somerset.

GALANOS HOUSE

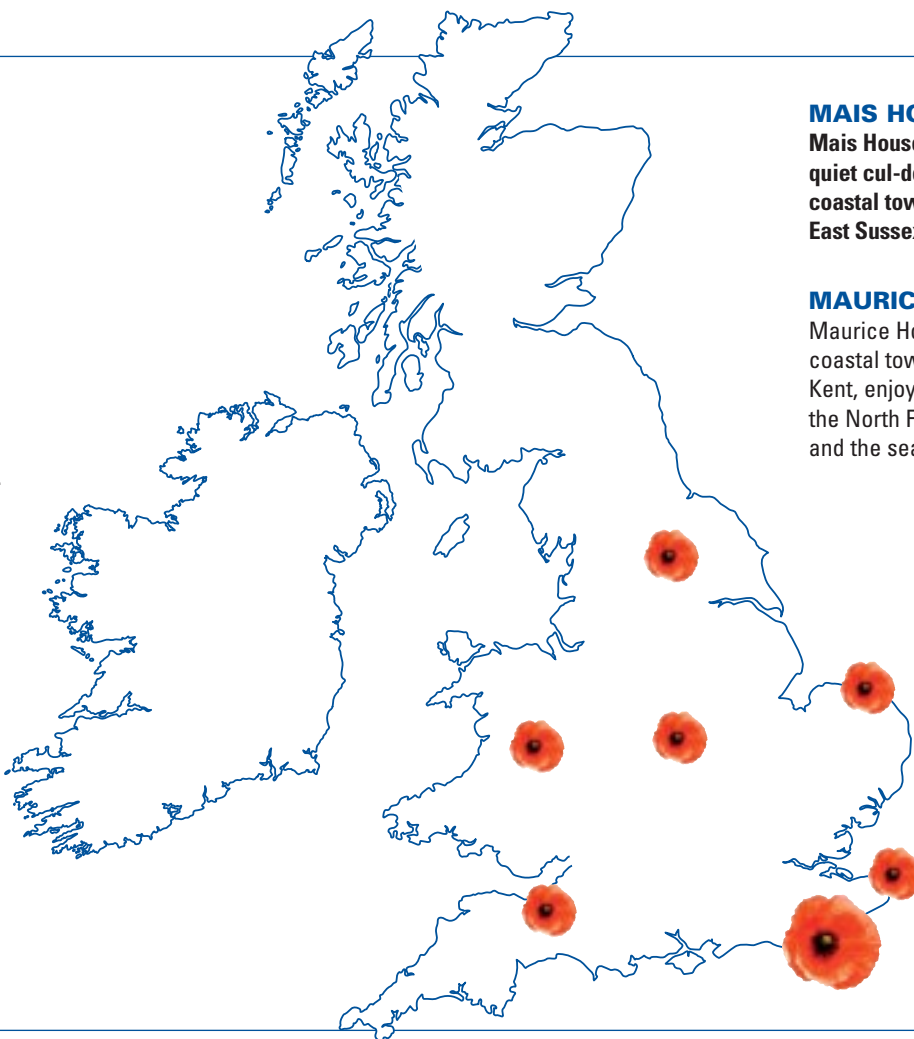
Galanos House is on the edge of Southam, a small market town in the Warwickshire countryside.

HALSEY HOUSE

Halsey House is situated in Cromer, an attractive town on the North Norfolk coast.

LISTER HOUSE

Lister House is in the picturesque town of Ripon in the Yorkshire Dales.



MAIS HOUSE

Mais House is situated in a quiet cul-de-sac location in the coastal town of Bexhill-on-Sea, East Sussex.

MAURICE HOUSE

Maurice House is outside the coastal town of Broadstairs, Kent, enjoying lovely views of the North Foreland lighthouse and the sea.

www.britishlegion.org.uk

For further information about Mais House, or to arrange a visit, please contact:
The Matron, **Mais House**, 18 Hastings Road, Bexhill-on-Sea, East Sussex TN40 2HH
Telephone: 01424 215871 Fax: 01424 215871

